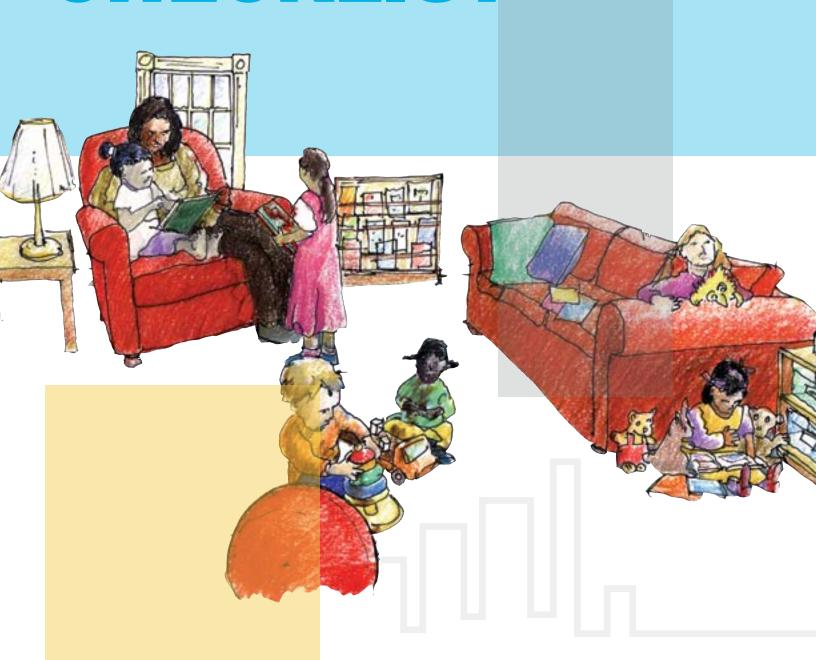


Local Initiatives Support Corporation

# FAMILY CHILD CARE SPACE CHECKLIST



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**Local Initiatives Support Corporation** 

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## INTRODUCTION

The space you use in your home to provide child care services can have a dramatic impact on your ability to offer high quality care. Experienced family child care providers know that the layout and organization of their child care space can either help or hinder their efforts. Family child care space offers some unique challenges, since the space does double-duty: it is your family's living space, but it also serves as a place to provide care for several children every day.

The Family Child Care Space Checklist is designed to help you look carefully at various aspects of your home environment to determine what works well and where you may want to make changes.

The Checklist is organized into five broad categories:

- Entrance the exterior of your home, how you enter the space and what you see once you first enter.
- General Health and Safety Components
   of the Home the degree to which the
   space supports the health and safety
   of the children you care for.
- 3. Caregiving Areas where children's basic needs; eating, sleeping, diapering, etc. are met.
- 4. Learning Environment how the space is set up to support exploration, learning and play.
- 5. Outdoor Play Space where children experience nature and play outdoors.

#### **INSTRUCTIONS**

The Checklist Key at the right shows the rating scale you should use to rate each response. Rate each checklist item based on this numeric scale from 0 to 4 or by marking "not applicable." Each item also has one or more icons, pictured in the Key, to indicate whether it is related to Health and Safety; Quality; or Maintenance, Repair and Aesthetics.

Use the Checklist as you review the space, examining each item and noting whether your space or furnishings meet the criteria or contain the features described. Reviewing the number and type of features checked under each item can help you determine which number on the scale best represents that particular aspect of your space.

You will note that each item also has a space to identify whether it is a priority item (PR!). You can either mark priorities as you go through the checklist or you may find it easier to think about which items are priorities after you have completed all of the checklist sections. There is no single way to identify priorities. In almost every case a health and safety concern should be a priority. A low scoring item that affects how you implement your program or keeps you from achieving your goals is also likely to be a priority. For example, if your program values creating a welcoming environment for families, but scores low on its entry, this could be a high priority to address.

#### **KEY**



Does not exist in the home, but should

1

Inadequate:

requires improvement or repair

2

Fair: should be improved

**3** Good:

good quality or in good condition

4

**Excellent:** first-rate or top quality

N/A

Not applicable: doesn't apply to the home

PR!

Priority! Don't forget to identify priority items



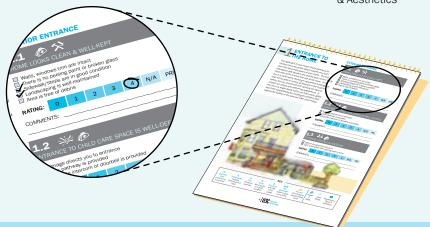
Health & Safety



Home Quality



Maintenance, Repair & Aesthetics



NOTE: This Checklist is based in part on the following resources: Creative Curriculum for Family Child Care, NAFCC Accreditation Standards, Family Day Care Rating Scale, Consumer Products Safety Commission and National Program for Playground Safety.

## 1 ENTRANCE TO THE HOME

The approach to your home moves parents and children from the public space outside your front door into the private space of your home. The first impression that families and visitors have of your family child care home is what they see at the entry. If you live in a multi-family dwelling or apartment building, you may not be able to control all features of the outdoor space, but you should still look carefully for ways to present an orderly and welcoming appearance. If you live in a single-family home, you have more ability and more responsibility for creating an entrance that reflects the quality of the care you offer once inside.

#### **EXTERIOR ENTRANCE**

### L.1 ® %

#### HOME LOOKS CLEAN & WELL-KEPT

Walls, windows trim are intact
There is no peeling paint or broken glass
Sidewalk/steps are in good condition
Landscaping is well-maintained
Area is free of debris

 RATING:
 0
 1
 2
 3
 4
 N/A
 PR!

 COMMENTS:

## 1.2 💥 🎉

#### ENTRANCE TO CHILD CARE SPACE IS WELL-DEFINED

Signage directs you to entrance Clear pathway is provided Operable intercom or doorbell is provided

**RATING**: 0 1 2 3 4 N/A PR!

COMMENTS: \_\_\_\_\_

## 1.3 💥 🏚

#### EXTERIOR LIGHTING IS ADEQUATE

Light is provided by entry door Light is provided from parking area to entry

**RATING:** 0 1 2 3 4 N/A PR!

**COMMENTS:** 

**KEY** 

O
Does not
exist
in the home,
but should

Inadequate:
requires
improvement or
repair

Fair: should be improved Good: good quality or in good condition

4 Excellent: first-rate or top quality N/A Not applicable: doesn't apply to the home

PR!
Priority!
Don't forget to identify priority items

*(i)* 

Health & Safety Home

Home Maintenance, Quality Repair & Aesthetics

## SUFFICIENT & CONVENIENT PARKING IS AVAILABLE

Parking is reasonably close to entry Families and visitors know where to park Families can safely get from vehicle to entry

RATING:

3

4

N/A

PR!

COMMENTS:

#### **INSIDE ENRTY AREA**

ENTRY IS WELCOMING TO FAMILIES

Floor is clean, protected from dirt & moisture Storage space is provided for children's belongings Seating area is provided at entry Storage for car seats & strollers is provided Convenient sign-in area is available Parent notices & information are posted

**RATING:** 

N/A

PR!

COMMENTS:

1.6 **ENTRY IS SAFE** 

> If there are stairs at entry, safety gate is used Appropriate measures are in place to ensure unwanted visitors do not enter home

RATING:

3

4

N/A

PR!

COMMENTS:

## **HEALTH AND SAFETY OF HOME**

There are many aspects of a space that make your house an appropriate family child care environment. One of the most important things is how safe it is for the children in your care. In addition to the obvious health and safety items it is important to pay attention to details such as temperature, lighting, lack of clutter, cleanliness, and other things that support a healthy and safe environment for young children.

#### **HEALTH AND SAFETY**

SPACE IS WELL-VENTILATED WITH A COMFORTABLE **TEMPERATURE** 

Space smells clean & fresh: no odor of diaper pail, smoking, garbage, pets or air fresheners

Temperature is controllable at a comfortable level Ventilation should be able to be controlled in all spaces used for children

RATING:

N/A

PR!

COMMENTS:

FURNISHINGS ARE APPROPRIATE AND IN GOOD REPAIR

Both adult & child-sized furnishings are available Corner guards are used on furnishings with sharp edges Furniture used is safe & sturdy

2

Cubbies must be large enough to hold all of the possessions of an individual child, without touching other children's things. (FCCERS)

RATING:

3

N/A

PR!

COMMENTS:

**KEY** 

0 Does not exist in the home,

but should

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N/A Not applicable: doesn't apply to the home

PR! **Priority!** Don't forget to identify priority items

Health &

Safety

Home Quality

#### BALANCE OF NATURAL & ARTIFICIAL LIGHTING IS HOUSE HAS BEEN CERTIFIED LEAD SAFE **AVAILABLE** RATING: N/A PR! Windows in space provide natural light If fluorescent lighting is used, it is combined with other lighting COMMENTS: The direct lighting must be in the spaces used for child care more than 50% of time children are allowed to attend (FCCERS) 2.8 **RATING:** 2 3 4 N/A PR! HOUSE HAS BEEN CERTIFIED AS RADON SAFE, AND COMMENTS: \_\_\_\_\_ IS RETESTED EVERY THREE YEARS RATING: 1 2 3 PR! 0 N/A COMMENTS: RADIATORS, FANS & AIR CONDITIONERS ARE SECURELY INSTALLED WITH APPROPRIATE BARRIERS, (F) AND IN GOOD WORKING CONDITION 2.9 0 1 2 3 N/A PR! WORKING TELEPHONE IS AVAILABLE IN CHILD CARE RATING: SPACE WITH EMERGENCY NUMBERS POSTED COMMENTS: \_\_\_\_\_ RATING: 0 1 2 3 4 N/A PR! COMMENTS: LOW WINDOWS & WINDOWS ABOVE FIRST FLOOR HAVE CHILD-SAFE BARRIERS 2.10 HAZARDOUS MATERIALS AND OBJECTS ARE STORED 4 N/A RATING: PR! IN LOCKED SPACES OUT OF REACH OF CHILDREN. COMMENTS: INCLUDING: Cleaning supplies Plastic bags & balloons **Batteries** Hair dryers, curling iron Gasoline Razors 2.6 Paint Poisonous houseplants FIREPLACE OR WOODSTOVE IS SCREENED; RAISED Guns Matches, cigarettes Medications Alcoholic beverages HEARTH HAS PROTECTIVE BARRIER Pet supplies RATING: 1 2 3 4 N/A PR! 2 RATING: 1 3 N/A PR! COMMENTS: COMMENTS: KEY

N/A

Not

applicable:

doesn't apply

to the home

PR!

**Priority!** 

Don't forget to

identify priority

items

Home

Quality

Maintenance.

Repair &

Aesthetics

Health

&

Safety

4

**Excellent:** 

first-rate

or top

quality

0

Does not

exist

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but should

1

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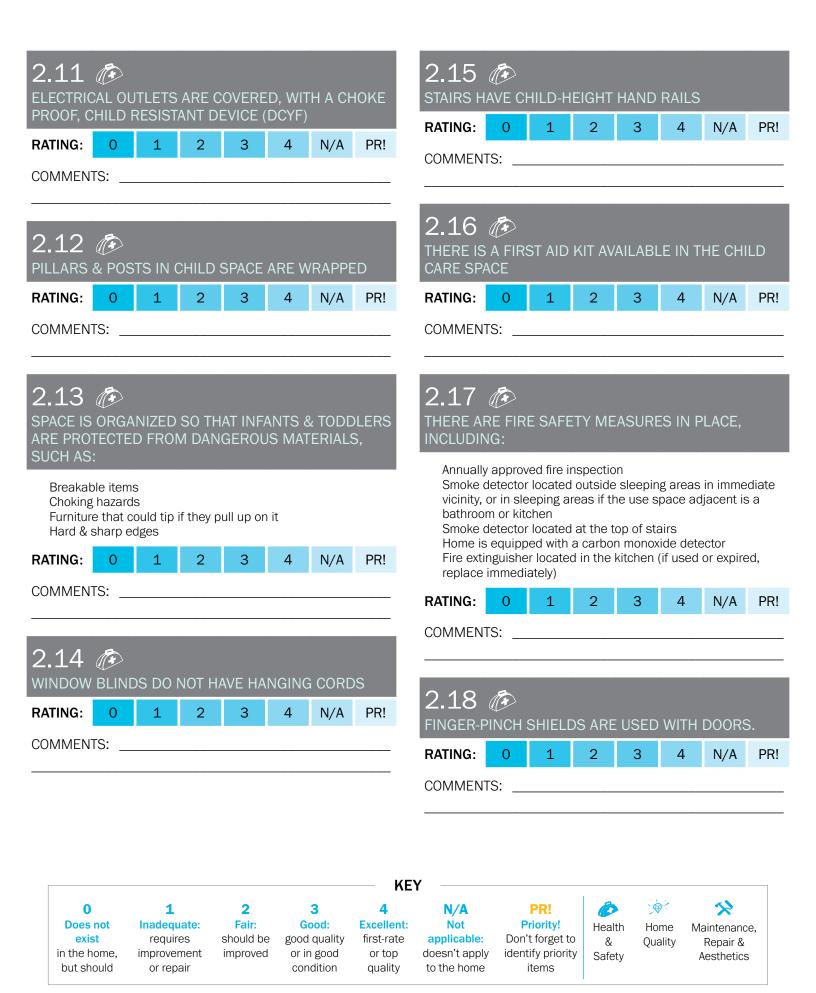
3

Good:

good quality

or in good

condition



## **CAREGIVING**

These are the areas where children's physical needs are met - diapering and toileting, naps and rest, meals and teaching hygiene practices such as brushing teeth and washing hands. They should still feel home-like and be set up for ease of use and cleanliness, but they should also support warm relationships, individual attention, and a sense of well-being.

#### **MEALS**

DESIGNATED EATING AREA SET UP WITH ENOUGH SAFE AND APPROPRIATELY-SIZED FURNISHINGS FOR RELAXED & COMFORTABLE MEALS

Children's feet and backs are supported in chairs Highchairs have straps

RATING:

3

4

N/A

PR!

PR!

COMMENTS:

## KITCHEN AREA IS SAFE

Microwave is out of children's reach

Small kitchen appliances are stored securely; all cords out of

Stove & oven are used with attention to child safety Childproof latches are installed on any cupboards and drawers that contain hazardous items

RATING:

2

3

4

N/A

COMMENTS:

#### **NAPS**

### 

EACH CHILD HAS OWN COT, MAT, OR BED THAT MEETS LICENSING CODE

Children do not share bedding Bedding is kept separate & laundered often Cots or mats are required to be 3 feet apart Cots or mats for sleeping are at least 2" thick. (FCCERS)

RATING:

N/A

PR!

COMMENTS: \_\_\_\_\_

#### CRIBS MEET CPSC AND ASTM SAFETY STANDARDS

Product number and information for each crib should be kept on file

Staff should inspect cribs regularly to ensure that there are no safety hazards

Cribs should be placed three feet apart Cribs should only be used for sleeping

No blankets, pillows, or toys should be placed in cribs Have firm mattresses and well-fitted sheets

RATING:

0

1

2

3

N/A

PR!

COMMENTS:

LIGHT LEVELS CAN BE REDUCED FOR SLEEP, BUT ROOM IS NOT COMPLETELY DARK

2

RATING:

0

1

3

N/A

PR!

COMMENTS:

**KEY** 

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N/A Not applicable: doesn't apply to the home

PR! **Priority!** Don't forget to identify priority items

Health

&

Safety

Home Quality

## 3.6 💥 🅭

#### REST AREA IS THOUGHTFULLY DESIGNED

Area is available for non-napping children to read or play quietly

Space is available for infants to sleep as needed on own schedule

Space is arranged so that children can be easily supervised when sleeping

**RATING:** 

3

N/A

PR!

COMMENTS:

#### DIAPERING AND TOILETING

#### DIAPERING AREA IS SAFE & HYGIENIC

Diaper changing is done near sink with hot running water, liquid soap, paper towels

Diapering is not done near food prep area or sink used for food prep

Diapering surface is easily cleaned & sanitized or children each have personal changing mats

Diapering supplies are stored securely

Diaper pail is covered, plastic-lined & kept away from children Diapering area is ventilated with mechanical exhaust fan or close access to window that opens for fresh air

Diapering area allows caregiver to supervise other children easily while changing diapers

No-touch fixtures and dispensers are provided

**RATING:** 

N/A

PR!

COMMENTS: \_\_\_\_\_

#### BATHROOM(S) USED BY CHILDREN IS CLEAN, SAFE & APPROPRIATE

If potty chairs or child-sized toilet seats are used, they are sanitized after every use

Sturdy step stool is available near sink for handwashing Pump soap & paper towels are available

Located near children's activity areas

No-touch fixtures and dispensers are provided

**RATING:** 

1

2

3

N/A

PR!

COMMENTS: \_\_\_\_\_



**KEY** 

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Health

& Safety

Home Quality

## LEARNING **ENVIRONMENT**

The learning areas should be designed to support the interests of the children in the group. They should be organized into three zones: 1. wet/messy, 2. quiet and 3. active. Within those zones, define several different learning centers. In setting up the learning centers, consider various aspects of each location: floor surface, access to light, whether it needs an electric outlet and whether it has enough space for the planned activity. Provide places for children to sit, either in child-size chairs or in some cases, on the floor with mats or cushions. Think about how to store and display materials for each activity. Make an effort to give each area its own identity so that children learn what to expect and what to do in different areas. Create clear boundaries between areas and create pathways so children can move through the space without interfering with each other's play, while maintaining the home-like feel that is desirable in a family child care setting.

## LEARNING AREAS ARE CLEARLY DEFINED

There are separate zones for active, quiet & messy play Each area is defined using furniture, rugs, room dividers Clear pathways help children move through the space but consideration is given to minimizing potential "run-zones" (long narrow pathways)

2 3 4 N/A **RATING:** PR!

COMMENTS: \_\_\_\_\_

SPACE IS SET UP TO ALLOW FOR EASY SUPERVISION OF CHILDREN **RATING:** 2 3 4 N/A PR!

COMMENTS:

#### THERE IS SUFFICIENT SPACE FOR NUMBER OF CHILDREN

Space does not feel cluttered or look crowded Children can move comfortably around the space There is enough space to allow for children's activities There is space for infants to crawl safely & pull up Older children can work & play without interference from younger children

3 N/A RATING: 0 PR! COMMENTS: \_\_\_\_\_

MATERIALS WITHIN ACTIVITY AREAS ARE WELL-

ORGANIZED

Displays are appealing, uncluttered & at child-height A range of materials are accessible to children Items are labeled with words & pictures

2 3 4 N/A PR! RATING: COMMENTS:

FURNISHINGS ARE STURDY, WELL-MADE & SAFE

Rounded corners or corner guards are installed Shelf & cubby units are attached to wall or floor If toy chests are used, there are no lids or lids are removable for the time children are there

RATING: N/A PR! COMMENTS: \_\_\_\_\_

**KEY** 

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N/A Not applicable: doesn't apply to the home

PR! **Priority!** Don't forget to identify priority items

Health

& Quality Safety

\$ Home

#### FURNISHINGS IN THE SPACE ARE APPROPRIATE

Some furnishings are child-size Soft elements such as rugs, cushions, & upholstered furniture are included

RATING:

N/A

PR!

COMMENTS: \_\_\_\_\_

#### WELL-EQUIPPED ART AREA IS AVAILABLE

Floor is washable Running water is nearby Offers storage for art supplies Provides place for art activities, such as table or easel Sufficient art materials including paint, crayons, clay, brushes, sponges & natural items are available Smocks or cover shirts are available

**RATING:** 

3

4

N/A

PR!

COMMENTS:

#### BLOCK AREA IS PROVIDED WITH APPROPRIATE RANGE OF ACTIVITIES

Is located in a protected area Provides carpet for children to sit on Has storage area & bins for materials Offers enough age-appropriate blocks & building materials that are in good repair

RATING:

2

3

4

N/A PR!

COMMENTS:

#### ELECTRONIC EQUIPMENT IS USED APPROPRIATELY IN THE ENVIRONMENT

Computer, if used, is available on child-height table & has child-appropriate programs

Television & video equipment is used minimally (30 minutes per day) and prohibited during meal times

Children's music, such as tapes and CDs, are available and played daily

Not used for children under two. (FCCERS)

RATING:

N/A PR!

COMMENTS: \_\_\_\_

### 4.10 💥

#### WELL-EQUIPPED BOOK AREA IS AVAILABLE

Has a book display rack or case that is accessible to children A variety of age-appropriate books are displayed Has soft furnishings for children Offers good lighting

RATING:

PR!

COMMENTS: \_\_\_\_\_

#### WELL-EQUIPPED DRAMATIC PLAY AREA IS AVAILABLE

2

Offers child-sized dramatic play furniture such as a kitchen set Provides props for play such as dolls, puppets, dress-up clothes, & seasonal items

RATING:

3

N/A

PR!

COMMENTS: \_\_\_\_\_

KEY

0 Does not exist in the home,

but should

1 Inadequate: requires improvement

or repair

2 Fair: should be improved

3 Good: good quality or in good condition

**Excellent:** first-rate or top quality

N/A Not applicable: doesn't apply to the home

PR! **Priority!** Don't forget to identify priority items

Health &

Safety

Home Quality

WELL-EQUIPPED "TABLE-TOY" PLAY AREA IS AVAILABLE

Provides bins with manipulatives & other table activities Is stocked with puzzles & games Has child-sized table & chairs

**RATING:** 

N/A

PR!

COMMENTS: \_\_\_\_\_

WELL-EQUIPPED SAND, WATER AND/OR SENSORY PLAY AREA IS AVAILABLE

Sand/water/sensory table is available or alternative solutions such as dish pans are used

Has props for play such as plastic dishes & cups, small bottles, rubber animals & people, shovels, etc.

Is not required for children under the age of eighteen months

**RATING:** 

N/A

PR!

COMMENTS:



IF INFANTS ARE SERVED THERE IS CLEAN, SOFT FLOOR SPACE AVAILABLE FOR CRAWLING & PLAYING PROTECTED FROM OLDER CHILDREN'S PLAY

**RATING:** 

N/A

PR!

COMMENTS:

SOFT SURFACES & COZY AREAS AVAILABLE

**RATING:** 

N/A

PR!

COMMENTS: \_\_\_\_\_



0 Does not exist

Inadequate: requires in the home, improvement but should or repair

Fair: should be improved

3 Good: good quality or in good condition

**Excellent:** first-rate or top quality

N/A Not applicable: doesn't apply to the home

PR! **Priority!** Don't forget to identify priority items

Health

& Safety

Home Quality

## 4.16 💥 🅭

USE OF "CONTAINMENT EQUIPMENT" SUCH AS AUTOMATIC SWINGS, SAUCERS, ETC. IS LIMITED TO 15 MINUTES

Walkers are never used It is never used for sleeping

**RATING:** 0 1 2 3 4 N/A PR!

COMMENTS: \_\_\_\_\_

## 4.17

COMFORTABLE ADULT SEATING FOR HOLDING/ROCKING CHILDREN

RATING: 0 1 2 3 4 N/A PR!

COMMENTS:

COMMENTS.

### 4.18

MATERIALS, DECOR AND DISPLAY REFLECT FAMILY AND COMMUNITY CULTURE AND DIVERSITY

Photos of children & families are displayed where children can see them

Materials used (such as books, pictures, dolls, puzzles, etc.) represent a range of cultures & ethnicities

Materials used expose children to a range of diversity including gender, disabilities, and race

**RATING:** 0 1 2 3 4 N/A PR!

COMMENTS: \_\_\_\_\_

## 5 OUTDOOR PLAY

Children need to play outdoors every day unless weather conditions are really harsh or dangerous. Outdoor play should offer a change of pace and an opportunity to "let off steam." It is important to allow movement, louder and more boisterous play, and physical challenges geared to the ages and stages of each child in care. It is also important to stimulate children's senses and their appreciation of nature, so planning interesting and engaging activities will make outdoor play more meaningful. Many favorite indoor activities are also fun when offered outdoors.

#### **OUTDOOR PLAY AT HOME**

YARD IS FENCED OR SAFELY ENCLOSED

RATING: 0 1 2 3 4 N/A PR!

COMMENTS:

5.2 🏽 🎉 🛠 YARD IS SAFE

There are no hazards such as broken glass, animal waste, nails, poisonous plants, standing water
Trash can is secured, away from play area
Lawnmower, other tools are stored securely
If chain link fence is used, no potential hazards (dog, poisonous plant, etc.) are within reach on other side
First aid supplies are available
Phone is available

**RATING:** 0 1 2 3 4 N/A PR!

COMMENTS:

KEY

O
Does not
exist
in the home,
but should

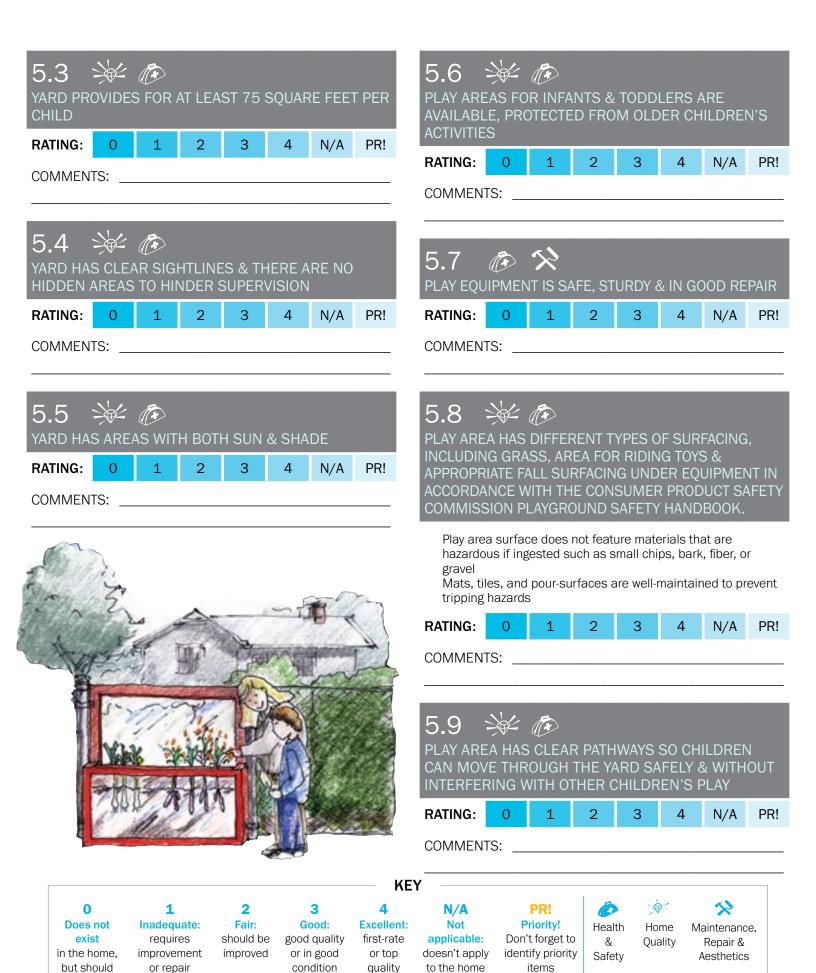
Inadequate: requires improvement or repair Fair: should be improved

Good: good quality or in good condition 4 Excellent: first-rate or top quality N/A Not applicable: doesn't apply to the home Priority!
Don't forget to identify priority items



Health & Safety Home

Home Maintenance, Quality Repair & Aesthetics



#### 5.10 🔆 5.14 💥 ھ RANGE OF OUTDOOR PLAY OPPORTUNITIES ARE DRINKING WATER IS AVAILABLE AVAILABLE RATING: 3 4 N/A PR! Sand & water Gardening COMMENTS: Dramatic play Group games, running, Climbing jumping Art Riding toys 5.15 💥 🍖 **RATING:** 4 N/A PR! COMMENTS: IF THERE ARE LARGE POOLS IN THE YARD THEY ARE FENCED AND SECURED RATING: PR! 0 N/A 5.11 💥 🌘 COMMENTS: PLAY EQUIPMENT IS AGE-APPROPRIATE RATING: 2 3 4 N/A PR! **OUTDOOR PLAY – AWAY FROM HOME** COMMENTS: \_\_\_\_\_ 5.16 💥 🌆 STROLLERS OR WAGONS ARE AVAILABLE FOR TRANSPORTING YOUNGER CHILDREN STORAGE IS PROVIDED FOR OUTDOOR TOYS RATING: 0 1 2 3 N/A PR! N/A RATING: 2 3 PR! COMMENTS: COMMENTS: 5.17 5.13 THERE IS A PORTABLE EMERGENCY KIT WITH WATER, FIRST AID SUPPLIES, SUNSCREEN, DIAPER SUPPLIES. IF WADING POOLS ARE USED, THEY ARE EMPTIED & EMERGENCY NUMBERS, CELL PHONE & MONEY SANITIZED DAILY & SUPERVISED BY AN ADULT AT ALL **TIMES** RATING: 2 3 4 N/A PR! **RATING:** 2 3 4 N/A PR! COMMENTS: \_\_\_\_ COMMENTS: \_\_\_\_\_ KEY

**Excellent:** 

first-rate

or top

quality

N/A

Not

applicable:

doesn't apply

to the home

PR!

**Priority!** 

Don't forget to

identify priority

items

Home

Quality

Maintenance,

Repair &

Aesthetics

Health

&

Safety

3

Good:

good quality

or in good

condition

2

Fair:

should be

improved

Inadequate:

requires

improvement

or repair

0

**Does not** 

exist

in the home,

but should

### **FAMILY CHILD CARE CHECKLIST ACTION PLAN:**

Review those items that you assigned a low rating (0 to 2) or those you marked a high priority ( in the PR column) and write them below. Items that affect children's health or safety should be given very high priority.

Some items will be relatively simple changes – such as rearranging space or putting some things away. Others are more complex, and will require an investment of time, money or both. Think about what you need to do in order to act on each item. If you made notes as you completed the checklist, look back at those thoughts.

Your Action Plan may cover a wide range:

Things you can take care of right away;

Things that you may need to discuss with your family before making a change; and

Things that you may need to purchase/repair/build.

Decide on the first change you would like to make and list it first. Changing your space is an evolving process – you will find that some changes you make lead to other ideas or solutions you may not anticipate until you get started. Try one thing, and see if/how it makes a difference. Then move on to the next item.

List all the items you want to address under *Action Needed*, and as you finish them, note the date completed. If you spend money, save receipts as part of your business expenses for tax purposes.

	ITEM FROM CHECKLIST	ACTION NEEDED	DATE COMPLETED	COST
exan	uple 3.2	stored and/or removed all small kitchen appliances and installed child-proof latches on lower cupboards and drawers.	3/15/06	\$38.00
			/ /	
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			/ /	
			/ /	

ITEM FROM CHECKLIST	ACTION NEEDED	DATE COMPLETED	COST
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